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# NEW COMMUNITY CLARION

SERVING THE PEOPLE OF BABYLAND - ST. ROSE OF LIMA & NEW COMMUNITY

VOL. 10 NO. 10

NEWARK, NEW JERSEY

December, 1992

## Mail Boxes Etc. Opens For Business

### New Store Provides More For The Community Than Peace Of Mind

When Mail Boxes Etc. opened its doors on November 30, 1992, two of the most important services it made available to Central Ward residents was security and convenience for the reception of mail. Some have not had this advantage since the decline of the area following the 1967 riots.

#### Secure Mail Service

Many residents have had to worry about mailboxes open to the elements or to vandalism in dingy hallways or unguarded porches. For people whose checks providing their monthly income come by mail, their survival depends on the safety of that check after it arrives; Mail Boxes Etc. provides that safety with its mailbox rentals. The new store has over 1400 mailboxes available to fill the expected need.

Mail Boxes Etc. provides not only convenience but peace of mind, for a simple phone call will tell the renter of the box whether there is mail for them, saving an unnecessary trip if the expected missiles have not arrived.

Service and safety — at a reasonable

cost. And there's no hurrying to get to your box before closing time, because Mail Boxes Etc. lets you pick up your mail 7 days a week, 24 hours a day. Mail can also be forwarded if you are away from home.

What could be better?

But that's just the beginning of the services Mail Boxes Etc. offers.

#### Money Services and Supplies

Money services are also part of Mail Boxes Etc.'s conveniences; money transfer by Western Union is available and money orders are sold. Paying your monthly bills can be done right in your own neighborhood shopping center.

If you need items packed and shipped for business (or those grandchildren looking forward to Christmas), we can pack your items for shipment for you and send them by United Parcel Service, Parcel Post or Federal Express; just bring them in to us.

#### Notary Available

If you need a Notary Public to notarize your important documents —

(Continued on page 2)



The various services available at Mail Boxes Etc. will provide an invaluable contribution to the community. Members of the Holmes and Williams families discuss shipping costs with store management.

## Rep. Marcy Kaptur Brings Community Development Officials From Toledo To View Work Of New Community

Recently re-elected U.S. Representative from Ohio, Marcy Kaptur, came to Newark November 4th with a



Rep. Marcy Kaptur meets Hatia Thomas, community development official, on her recent tour of New Community.

delegation of about 40 Toledo, Ohio, community development officials "to give them a vision of what's possible."

The Democratic lawmaker is work-

ing with community development corporations in Toledo in an attempt to improve and coordinate their efforts to aid the poor.

Ms. Kaptur and Mary Smith, executive director of Babyland Nursery and member of the board of trustees at New Community, have known each other since serving together on the Campaign for Human Development board. Ms. Kaptur has had a chance to watch Babyland and New Community grow and watched Babyland overcome many obstacles to develop from a one room operation in public housing to a daycare center serving 520 infants and children at five sites while serving a whole range of needs from pre-teen prenatal care to infants with AIDS.

Mary feels cooperation among people is what has made a difference — not competition. The children and the people in need are more important than a particular "cause" taking credit.

We're very happy the Toledo community development group paid us a visit and hope some ideas took hold which can be used to benefit those in Toledo.

It has taken 25 years to accomplish what is here today — but every journey begins with the first step.

NCC wishes Ms. Kaptur and her earnest group a successful future.

## Supermarket Industry Executives Pay A Visit To New Community Pathmark Urban Initiative Task Force Of Food Marketing Institute Seeks To Help Neglected Communities

A delegation of supermarket industry executives from across the United States visited the New Community Pathmark Shopping Center during the third meeting of the Urban Initiatives Task Force of the Food

Marketing Institute (FMI) on October 29-30th.

The Urban Initiatives Task Force was created after the South Central Los Angeles riots last Spring for the purpose of broadening and strengthening



Pictured left to right on the recent tour were: Robert Aders, President and CEO of FMI; Allen Bildner, board member of FMI; Bill Simmons, store manager; Jack Futterman, CEO of Supermarkets General; Therman Milner, Director of Gov't. Affairs for First Nat'l. Supermarkets; Bob Paton, Senior VP, Northern Division of Pathmark; and Larry Goldston, Ass't. Director of Development for New Community Corp.

ing the industry's participation in urban and other neglected communities — such as those in rural areas — throughout the United States. The Task Force is chaired by Allen I. Bildner, former chairman and CEO of Kings Supermarket Inc., West Caldwell, New Jersey, and a former FMI Chairman.

Task Force members toured various departments of the Pathmark store,

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## Clarion Circulation

40,000



Due to ever growing interest in the good news we bring we're increasing our circulation again!



## MAIL BOXES ETC.

Is Now Open

Located in Pathmark Shopping Center  
Bergen St. and South Orange Ave., Newark, N.J.

## MBE Open For Business...

(Continued from page 1)

we can provide one.

Perhaps you would prefer to wrap your own parcels and prepare them for mailing. In this case we sell shipping supplies, rubber stamps, self-inking stamps, and offer printing and copying services. Nameplates and badges for your company needs are also sold. We make keys (need an extra one?) take passport photos, sell postage and send and receive FAXes.

### Promoting From Within

Best of all, the two personable people in charge of the store's operations — Frances Lavallo and D'Andre Dickens — are tried and true New Community employees who have come up through the ranks and earned this opportunity to better themselves.



Mail boxes are available in different sizes for different needs.



LOS ANGELES CHICAGO NEWARK LONDON TOKYO



Technology is state of the art at Mail Boxes Etc., located in the New Community Shopping Center.

Frances and D'Andre attended a two week extensive training program at Mail Boxes Etc. corporate headquarters in San Diego, California. The training covered customer service, personnel, legal situations, design and construction, purchasing and computers as well as day-to-day operations. Their training continued in Newark with one week in an operating store for some "hands on" experience.

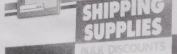
Please stop by soon — to rent a box or just to see how we can be of help to you with what we have to offer.

You'll receive a warm "hello" from D'Andre and Frances when you do.

### THE NEW COMMUNITY CLARION

The N.C. Clarion is published the first week of each month as a community service. The Editor reserves the right to withhold articles and photographs once they are submitted. Opinions expressed in columns are those of the author and do not necessarily represent the views of the newspaper. Articles are appreciated by any and all concerned. Articles due by 15th of each month. PUBLISHER: New Community Corporation EDITOR: Patricia A. Foley PHOTOGRAPHER: Laura L. Compton Send To: The Clarion c/o New Community Corporation 233 W. Market Street Newark, New Jersey 07103 (201) 623-2800

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Sharanda Campbell surveys the shipping supplies. Pack it yourself or let us do it.

### Contributions To New Community Corporation

If you would like to make a memorial gift or donation to New Community it would be most welcome.

People who would like to give to New Community but don't wish to give up the earning power at the present time can assign a contribution now, but defer payment until sometime in the future.

If you would like more information, please contact Lynn Mertz at Fund Development, (201) 482-0682.

## Food Marketing Institute...

(Continued from page 1)

hosted by Jack Futterman, CEO, Supermarkets General (Pathmark) while learning how Supermarkets General and New Community joined into a partnership to develop the flagship store, which can be a wonderful model for any community.

Members were visibly impressed with the operation, cleanliness and large assortment of products offered by the store. The fresh seafood department especially, was a great topic of conversation. Low prices and creative display of products also brought acclaim.

Mr. Robert O. Aders, President and

munity support programs in areas of education, job training, mentoring and store development.

•To highlight proactive programs for youth-at-risk to enhance their education and employment opportunities.

•To motivate members of the food industry to organize, participate in and support such programs and activities already in place, underway or in development.

In looking to New Community, Aders told Ray Coday, Director of Development at NCC, "The task force would receive great benefit from the opportunity to talk with NCC informal-



Supermarkets General CEO, Jack Futterman, addresses the delegation of supermarket industry executives at St. Joseph Plaza.

CEO of the Food Marketing Institute, and his staff hosted the two-day conference. FMI is a non-profit association conducting programs in research, education, industry relations and public affairs on behalf of its 1,500 members — food retailers and wholesalers and their customers in the United States and around the world.

The newly formed Urban Initiatives Task Force sees its mission encompassing four areas:

•To foster the revitalization of communities through private-public partnerships involving coalitions of business, community and government leaders.

•To identify and promote model com-

ly about how businesses like ours can participate successfully in urban renewal efforts. Your perspective as a community organization in urban revitalization which has worked directly with our industry will be invaluable as the task force moves forward in its work."

A reception in the atrium of St. Joseph Plaza and dinner at the Priory Restaurant followed the tour.

After dinner the group had an opportunity to ask questions of the New Community Development staff and Supermarkets General about the development and operation of the new supermarket — first in the Central Ward neighborhood in 25 years. We hope we were of help.

## ★★★★Swinging On A Star★★★★

Babyland's new foster care program Children Together has received a helpful push from a resident of Essex County. Mr. Randy Riley, of Short Hills, participated in the 1992 Crosby Golf Tournament in North Carolina, and is a member of one of the winning teams. Mr. Riley has designated that the winnings from his team, sponsored by The Howard Marlboro Group, go to help support Children Together.

Fifty years ago Bing Crosby, the entertainer, started the annual golf tournament in California which focuses on raising money for different charities. Over the years, the tournament has grown in popularity and always attracts many famous stars. After his death, Bing Crosby's wife moved the tournament to Winston-Salem, N.C. and each year CEOs of major corporations enter the contest and are paired to play with famous athletes or movie stars or entertainers such as, Bob Hope and Pat Boone. Then, the winning teams can choose where they want their winnings to go. They can either designate their own charity, or a drug education/prevention program, or a certain community that they wish to support.

Children Together is very grateful to Mr. Riley for his generous donation to a program that will help many

foster children in our community. Hopefully, the goals of keeping brothers and sisters together in a home setting and working to reunite families will soon be underway with our continued support from our community.

Theresa Gill

### HOLIDAY MUSIC

at Lunch



### Newark Boy's Choir

Wed., Dec. 2 - 12 noon

### St. Rose of Lima Junior Choir

Wed. Dec. 16;

Fri., Dec. 18;

Tues. Dec. 22

12:30 - 1:30 p.m.

### The Priory Restaurant

233 W. Market St., Newark, NJ

(201) 242-8012



# Forty-four Network Employees Recognized For Service

On Friday, November 13th, forty-four employees were recognized for their length of service to the New Community Network. The ceremony opened with a welcome by Cecilia Faulks, Director of Human Resources. Arthur Wilson, President of NCC Board of Trustees and Newton Richards,

Secretary, both addressed the group extending thanks for the services they have provided to the Corporation and the community we serve.

Plaques were presented to all of the honorees. After the ceremony, it was lunch in the Priory Restaurant and the rest of the day off!



Members of the central maintenance staff pose for a photo with NCC Board President Art Wilson following the awards ceremony.



Lee Reese happily accepts her plaque for 15 years of service.

NCC Board Secretary Newton Richards presents Home Health Aide Nettie Kirkland with her award.



Board member Joe Chaneyfield is flanked by long term employees Lee Reese and Sr. Anastasia Hearne.



Dedicated employees commemorate the occasion with a photograph.

## FIVE YEARS OF SERVICE

### HOME FRIENDS

Adriana Garcia Nettie Kirkland

### CENTRAL MAINTENANCE

Bernardo Arceo Tootaram Bansrupan

Astor Brady Barry Culver

Randolph Johnson William Robinson

### BUILDING MAINTENANCE

Nathaniel Brown Fred Faulks

Anthony Piegaro Juan Pizzaro

### SECURITY

Robert Booker Rene Bullock

David Fitzgerald Elizabeth Griffith

Richard Walker Courtland Williams

Wanda Y. Williams

### DEVELOPMENT

Raymond M. Codey Ernestine Levell

Larry Goldston

### SOCIAL SERVICES

Sr. Mary Ellen Bennett Sr. Helene Trueitt

### FINANCE

Trevor Nugent Subramani R. Krishnan

SPECIAL PROJECTS PRIORY RESTAURANT

Sr. Mary Noel Albers Abraham Amare

### EXTENDED CARE FACILITY

Mary Brown Donna Edwards

Hattie Hairston Phyllis Humphrey

Rosalyn Johnson Oslyn Nestor

Theresa Odum Florence Ruffin

Valissa Shaw Novella Stokes

Lewis Thompson Jackie Marie Webb

Evelyn Walker Sr. Joan Spingler

### TEN YEARS OF SERVICE

Sr. Anastasia Hearne Social Services

### FIFTEEN YEARS OF SERVICE

Lemira Reese Priory Restaurant

## Christian Stewardship Award

The Christian Stewardship Award was presented to Msgr. Wm. J. Linder by the National Catholic Stewardship Council, Inc. on October 27, 1992 in Fort Lauderdale, Florida.

"Rev. Msgr. Linder, a priest of the Archdiocese of Newark, New Jersey, is the recipient of the 1992 Christian Stewardship Award. He has devoted his priestly life to serving the poor, the

homeless, and the rejected, and has met needs with new action, developing a variety of organizations to help the urban poor...NCCS.

The award is presented annually to the person who has served the Church with unique distinction and ability in the area of promoting total stewardship of Time, Talent, and Treasure.



Monsignor Linder can now add the prestigious Christian Stewardship Award to his ever-expanding collection.

## Msgr. Linder Lectures At Brigham Young

The Community Development Movement and New Community Corporation are becoming increasingly known not only in the United States but even in foreign countries. There are now an average of over five group visits each week to New Community.

In addition, there are requests to speak on community development and on New Community from organizations around the country. Msgr. William J. Linder was invited to give two lectures at Brigham Young University on November 19th and 20th, as part of their executive lecture series of the Marriott School of Management.

"There is a great interest in community development among the Mormon Church and it was reflected in the large attendance for the lectures. The

Mormon Church is becoming more interested in the welfare of those who are not members of their Church and they are searching for ways to do such."

Many expressed their desire to help NCC.

"The Mormon Church has an excellent welfare system for their members and this system is now helping non-members. It was, therefore, a great opportunity to spend an additional day at their invitation in order to learn how their system operates. They were wonderful hosts and the officials of the Church were generous in sharing their experience and knowledge. Welfare Square, the center of its welfare system, offers assistance always respecting the dignity of the individual."

## NCC Home Health Care Reaccredited

Congratulations to New Community Home Health Care — they have come through their yearly reaccreditation evaluation by the Statewide Commission with flying colors.

Accreditation involves an extensive evaluation and review process to insure that home care agencies in New Jersey are maintaining strict, defined standards. Once accredited, agencies must undergo ongoing monitoring to insure compliance to the standards.

certification averaging 20 to 30 students, 10 to 15 of whom successfully complete the course. Many are employed by NCC; the balance are referred to other agencies for jobs.

The professional staff includes a Supervisor of Public Health Nursing and five other registered nurses, one of whom manages the CH-HHA program.

"Four of the RN's were in the office during the survey visit; all appeared



Looking good adds to the professionalism displayed by our Home Health Aides. Here, Blanca Morel and Charlie McKnight check out a uniform being custom made by NCC's own seamstress, Linda Farrell.

Reaccreditation is awarded yearly to those agencies maintaining strict standards of quality home care.

"New Community Corporation is maintaining its high quality of service," said Deborah Reese, Accreditation Coordinator for the Commission. "The citizens of Newark, East Orange and Irvington are fortunate to have access to an agency that provides such quality care."

The voluntary non-profit NCC home health care agency provides services to the above communities, caring for 286 people with 72 certified homemakers - home health aides.

New Community Home Health Care sponsors its own training programs for

knowledgeable and enthusiastic about their work," said the report. "This agency provides many needed services to their clients and shows care and concern for all its employees as well."

According to Lita Talbot, Chairperson of the Commission, "We believe it is our responsibility on behalf of the public not only to provide a rigorous accreditation process for agencies, but also to increase public awareness on the importance of using only accredited agencies."

We are proud of the valuable work our Home Health Care agency is doing and are proud to recommend their care to anyone needing it.

## Parent Pride Program At Harmony House

The Parent Pride Program at Harmony House, initiated in October 1992, gives parents the knowledge and skills necessary to help their children achieve a drug-free passage into adulthood.

The facilitators are Albert Workfield (Youth Program Coordinator) and Jacquelyn Moore (Resident at Harmony House). Milton Creagh, a nationally known motivational speaker, instructs parents through carefully developed sets of video tapes. He guides the parent through a series of issues: *How Drugs Affect the Brain*, *Parent Awareness and Communication With Your Child*, just to mention a few.

The parents will participate in groups of ten (10), and will be required to attend four (4) sessions of 2 hours each at Harmony House. One (1) group per month will take the class.

Harmony House parents will learn different techniques for approaching drug issues with their children. In addition, they will acquire new information for themselves. We are hoping to



**Jacquelyn Moore**

educate our residents one family at a time; the process is slow but effective.

Albert Workfield  
Youth Program Coordinator

## Douglass-Harrison Thanksgiving

On November 17, fifty tenants of Douglass-Harrison travelled to NCC Commons at 140 So. Orange Avenue to enjoy a Thanksgiving Dinner. It was quite a feast — complete with turkey, stuffing, sweet potatoes, collard greens, corn, macaroni and cheese, cranberry sauce, rolls and apple pie! In addition to this mouth-watering meal, there was a wonderful spirit of

comradery as the tenants socialized, played cards, and enjoyed one another's company. For some, it was the first time they participated in a dinner sponsored by the Social Service Office. For others, they know what a wonderful social event it is and they always come back and spread the word!



Sr. Yvette dishes out delicious gravy and other treats with the help of Douglass-Harrison Senior Advisory Board members at their recent Thanksgiving celebration.

## Art Class Enhances St. Rose Curriculum

Wednesday is "Art Class Day" at St. Rose of Lima School! With budgets as tight as they have been these days, a formal art program was not a luxury that the school could afford.

But then Ms. Kate Clancy came on the scene and all that changed. A freelance artist who also holds a teacher's certificate from the School of Visual Arts in NYC, Ms. Clancy volunteers her time and talent on Wednesdays to help give our budding artists a chance to develop their skills.

"I think all children deserve an art program. It gives them the opportunity to express themselves in new ways," said Ms. Clancy. "I have really enjoyed my time here; the children are great to work with. I get great satisfaction from helping them discover talents they didn't know they had."

Ms. Clancy teaches the lower grades one week, and the upper grades the following week. If anyone is interested in donating art supplies for her to use in class, please contact Mr. Art Wilson, Principal of St. Rose at 481-5582.



Creative expression is a must for a growing mind. Here, Kate Clancy assists 1st grader Alicia with her Thanksgiving artwork.

## Harmony House Holiday Season Begins

The holiday season is upon us. The staff and children are preparing for some very exciting and joyful events.

We've already begun with a visit to the Pumpkin Farm followed by a Halloween Party given by the United Greek Coalition. They provided the youth ages 5-12 years of age with entertainment, food and fun from



A time honored tradition...pumpkin carving at Harmony House. Montclair State College. We ended our own Halloween Party complete with cake, make-up and music for the teens of Harmony House. It was a very safe and Happy Halloween.

The month of November continued with a number of trips to the New York Museum-Planetarium. A group from Rutgers also conducted an Arts/Crafts Workshop around a Thanksgiving theme.

On the giving side, the youth performed a Thanksgiving program for

the Seniors of New Community Gardens on Nov. 23rd.

A return by the United Greek Coalition enabled the young people to enjoy a Thanksgiving Dinner Party on November 24th. The month was completed with a trip to "World on Ice" at the Meadowlands Arena.

December will begin with the Harmony House Boys/Girl Scouts attending the lighting of the Christmas tree at Commons Family on December 2nd. This will be followed by a special dress rehearsal viewing of *The Nutcracker* Suite at Papermill Playhouse on December 16th. Ms. Rodriguez's Kean College students of social work will provide the Harmony House children with a tree to decorate and a party on December 16th.



Finally, the toy distribution to youth and families of Harmony House with contributions from Toys for Tots, Girls/Boy Scouts, Seton Hall Group, USPO/PAL and others will help to make this a very "Merry Christmas" for the families at Harmony House.

Season's Greetings  
from Harmony House

Albert Workfield  
Youth Program Coordinator



# A Look Back Over 3 Years At Harmony House

December 20th, 1992, will mark the third anniversary of New Community Harmony House - Transitional Homeless Facility.

The first homeless families entered New Community Harmony House on December 20th, 1989, five (5) days before Christmas. Thirty-two (32) families began a New Year and a new life. It is the goal of Harmony House to help families move from homelessness to permanent housing and from dependency to self-sufficiency. With a capacity to serve 102 families in individual apartment units, Harmony House provides help far beyond just providing families with shelter. It offers a safe and healthy environment necessary for stability and many opportunities for families to learn and grow.

The creation of Harmony House is credited to New Community Corporation, Hart Mountain Industries, Inc., the Leonard Stern Foundation, and Mutual Benefit Life Insurance Company, as they were the catalysts for establishing a working partnership with the State of New Jersey Department of Community Affairs and the Department of Human Services. Participants in this public-private partnership provided funding toward the building, development and operating costs of Harmony House. The Essex county government also provides support to the program through its Department of Citizen Services.

Since the inception of Harmony House over four hundred (400) homeless families have been served.

During the past three (3) years Harmony House has had many occasions to celebrate. Since it is often said that one picture is worth a thousand words we have tried to capture some of the highlights pictorially for you to enjoy.



## Health Fair Draws Young And Old

The New Community Corporation 25th Anniversary Committee proclaimed November Health Month at New Community. The purpose was to highlight the need for New Community residents, employees, customers, and clients to engage in good health practices and to receive information about health issues. The major event scheduled by the committee was the NCC Health Fair, held on November 19th, 20th, and 21st, in the Community Room at New Community Associates Senior Housing at 180 South Orange Ave.

The Health Fair featured exhibits on dental care, geriatrics, foot care, nutrition, minority adoption and vision care. In addition, representatives from Mary Kay Cosmetics and Flori Roberts, Inc. exhibited health and beauty products. United Hospitals Medical Center provided blood pressure testing for over 100 people over the three days. Screenings for diabetes, hearing and vision problems were also offered thanks to the Pathmark pharmacist, a hearing van from Mt. Carmel Guild and the Committee to Prevent Blindness, respectively.

On Thursday, November 19, Senior Citizens attended. They received pamphlets, free samples of health and beauty products, and foot care products. On Friday, November 20th, over 300 children attended from Newton Street School, Camden Middle School, St. Rocco's Babyland II and III, the Harmony House youth program, NCC Youth Services, and the NCC Newark Adolescent Project. Teachers from Newton Street School were so pleased with the exhibits and materials offered that they brought several groups of children to the Fair. The Newton Street School choir also entertained.

Dental hygienists from the New Jersey Dental School demonstrated proper care of the teeth and distributed

free tooth brushes. Staff from the United Hospitals Outpatient Pediatric Clinic showed the children how to make casts for their fingers. Apples and healthy snacks were distributed and Joyce Cook, dressed as a clown, painted the children's faces.

On Saturday, families and children attended the Fair and also received free materials and snacks. Informational materials were received from Schering Plough, Inc., Johnson and Johnson, the American Cancer Society, the New Jersey Dental Association, and numerous other donors.

Planning and staffing for the Health Fair was conducted by the NCC Department of Human Services and its divisions including Home Friends, Social Services, Home Health, Harmony House, the Newark Adolescent Parenting Project, and the Ryan White Family Comfort Project. The Development Department, Central Maintenance, and the NCC New Beginnings Health Spa also contributed to the success of the Health Fair.



Home Friend Coordinator Elsie Best gives little Felicia some healthy treats.



## BABYLAND HEALTH FOCUS Giving Thanks

by Lori Colyer-Aversa, M.D.

Whether we are celebrating Christmas or Kwanza the holiday season reminds us of how thankful we should be for our lives, our health, and our loved ones. It also reminds us of how much more we need to accomplish in our daily lives.

As a people, we must learn to take care of our bodies. It is appalling that in 1992 U.S.A. African Americans are dying of preventable illnesses and violence. Take these thoughts with you into the new year:

\* Pay close attention to the quality and types of food you eat. Take supplemental vitamins, but not in excess.

\* If you are under a doctor's care follow their advice to the letter... But never blindly! Ask questions if you do not understand. If you still feel uncomfortable with their advice, then

say so.

\* Be mindful of the medications you have been given. Be sure you know what they are, how to take them, and what they are expected to do for you.

MAKE time for regular, meaningful exercise at least three times a week, for at least 25-30 minutes. When you think about how little time that really is, then there is no good excuse.

\* Remember, there are many conditions that can harm you without giving you any discomfort until it is too late. Diseases like high blood pressure, cancer of the lung, breast and colon are all major killers in our community, mainly because they are caught too late.

Please do not take your health for granted.



Good dental health is an important part of everyone's life. These students from Camden Middle School are shown "brushing up" on the facts. Several facets of health care were represented at the fair.



Youngsters from Babyland III know that good nutrition will help them grow to be big and strong. Variety is the spice of life and the key to good nutrition.

## Self Defense: New Beginnings Style

Once, exercise and health conscious people were thought to be a fad of the 80's. Time has proven that false.

There are many forms of exercise ranging from the vigors of jogging to the passive relaxation of yoga. One of the best workouts we offer at New Beginnings Spa can be found in our self-defense class.

The self-defense class is held every Saturday in the Aerobic room of New Beginnings Spa from 10 a.m. to noon. The instructor or Sensei is Paka Kahn. Mr. Kahn has been studying martial arts since the 60's and received his black belt in 1976. He states that "the

goal of the system is to impart a greater understanding of philosophy, wisdom, culture and education of the physical and mental parts of the Art and life."

Can you imagine working out physically and mentally and also knowing you can defend yourself in time of need. Join New Beginning's own master, Paka Kahn as he takes you through a mental and physical workout to awaken one's soul. Hurry...our spaces are rapidly filling up!

Ed Scott

CALLING ALL BARGAIN HUNTERS!

**FLEA MARKET**

Wide variety of



- Arts and Crafts Items
- Clothing
- Assorted Merchandise
- Gifts for the holidays

plus Baked Goods - Hot Dogs and Goodies

**Saturday, December 12, 1992**

**9 a.m.-4 p.m.**

**at St. Rose of Lima Parish Hall**

Orange and Humboldt Streets, Newark, NJ (West of Roseville Ave.)



# PATHMARK OF BERGEN ST

# Pathmark®

# 24 HOURS A DAY 7 DAYS A WEEK

## YOUR PLACE TO *Really* SAVE MONEY

# SAVE UP TO \$800 OFF YOUR TOTAL SHOPPING ORDER

WITH THESE COUPONS

Dec. 6 thru Dec. 12, 1992

This coupon worth

## \$2 OFF

**Your Total Shopping Order**

\$20 Purchase Required\*

Limit one per family. Good at any Pathmark Supermarket Sun., Dec. 6 thru Sat., Dec. 12, 1992. Void where prohibited (Ca)

\*0039420  
ENTER

0039420

Dec. 13 thru Dec. 19, 1992

This coupon worth

## \$2 OFF

**Your Total Shopping Order**

\$20 Purchase Required\*

Limit one per family. Good at any Pathmark Supermarket Sun., Dec. 13 thru Sat., Dec. 19, 1992. Void where prohibited (Ca)

\*0033770  
ENTER

0033770

Dec. 20 thru Dec. 26, 1992

This coupon worth

## \$2 OFF

**Your Total Shopping Order**

\$20 Purchase Required\*

Limit one per family. Good at any Pathmark Supermarket Sun., Dec. 20 thru Sat., Dec. 26, 1992. Void where prohibited (Ca)

\*0038360  
ENTER

0038360

Dec. 27, 1992 thru Jan. 2, 1993

This coupon worth

## \$2 OFF

**Your Total Shopping Order**

\$20 Purchase Required\*

Limit one per family. Good at any Pathmark Supermarket Sun., Dec. 27, 1992 thru Sat., Jan. 2, 1993. Void where prohibited (Ca)

\*0039240  
ENTER

0039240

**Fruits, nuts and other goodies that are great to give... and receive.**

For an elegant-looking centerpiece, we'd like to suggest one of our beautiful Holiday Baskets or Bowls. To order, or get more information, just stop by our Fresh Produce Department.



**Pathmark wants to be the life of your next party.**

You probably know that Pathmark gives you more Deli value for your dollar. You may also know that we have great party platters. But what you probably don't know is exactly how many different kinds we have. Ten choices in all. Each made with only the finest quality name brands. Just like an old-fashioned deli store. Except we're a lot more convenient. So c'mon. Invite one or two of our platters to your next party. To order, or get more information, just stop by the Deli in any Pathmark store.

# HAPPY HOLIDAYS

## Pathmark

*from Pathmark*

## OF BERGEN STREET

Dec. 6, 1992 thru Jan. 2, 1993

This coupon worth

## \$2

towards the purchase of

## Any Fruit or Nut Bowl

(\$10.00 Fruit or Nut Bowl Purchase Required\*)  
(From Our Produce Dept.)  
Limit one per family. (Ca)

\*0039500  
ENTER

0039500

Dec. 6, 1992 thru Jan. 2, 1993

This coupon worth

## \$5

towards the purchase of

## Deli or Fresh Seafood on Ice Platter

(\$20.00 Platter Purchase Required\*)  
Limit one per family. (Ca)

\*0034260  
ENTER

0034260

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## Goodstarts At Babyland

In a New Jersey State effort to upgrade education in the elementary schools, Governor Florio approved the model called Goodstarts which begins at the preschool level and runs through second grade. The new model became effective in September of this year.

Five agencies in the Newark district are participating, one of which is Babyland where 72 four-year-old students are enrolled in Goodstarts. The key concept is to connect children and families into the learning stream with consistent education and social services from preschool through the second grade. It is expected that children and families will so benefit from this good start that they will be well on their way to high achievement.

Plotted independently as of 1989 by



Teacher Judy Rosado praises the artistic talents of Cynthia Reddick, age 4. Positive reinforcement can really boost a child's self esteem.

the same five agencies now participating, under the name Urban Preschool Program (UPP), Goodstarts is presently incorporated into the Newark Board of Education for the next three years. Phase 3 will then be determined.

Each classroom, limited to 15 three-year-olds or 18 four-year-olds, is led by a State certified teacher and an assistant teacher. Parents are invited to participate daily in the education and recreation of their children.

Every child has a full school day with developmental activities from 9 a.m. to 3 p.m.; early care and after care, provided for those who need it, increase the caregiving span from 7:30 a.m. to 5:30 p.m. Breakfast, hot lunch, snacks, naptime are included for all children who participate.

Sr. Mary Sheridan



Jerome "Picasso" Washington



Individual attention is an important aspect of learning for youngsters. Ms. Adrian Blake takes the time to speak with students.

## Electrical Supervisor: William Robinson

William Robinson, better known to his friends as "Robbie" came to the United States from his native country Jamaica in 1981.

He learned his electrical trade at the Jamaica Public Service Company, where he worked for eleven (11) years. Since coming to the United States, he has attended various seminars to further his knowledge.

Mr. Robinson has been working for



William Robinson

the New Community Corporation Central Maintenance Department as an electrician since June 1987 and as a working supervisor since 1990.

Robbie lives in West Orange with his wife and child and is happy working at Central Maintenance. "It gives me a great pleasure to work for NCC, because I know that everything we do will help someone," says Mr. Robinson.

Emil Mohnar  
Director of Central Maintenance

## We Have The Power

These are the words of a group of students from Collier High School in Wickatunk, New Jersey, which is under the auspices of the Sisters of the Good Shepherd. This year the school formed a Volunteer Club whose purpose is to become more aware of social issues and problems and how the students can address these in a

the "extras." In a joint effort, the students of the Volunteer Club and the beauty culture class organized a major food drive throughout the school.

On November 23rd, we welcomed the students and teachers and their station wagons filled with food for distribution to the families and seniors of Douglass-Harrison. We were happy



Through the efforts of these high school students, this past Thanksgiving was a bountiful one for many at Douglass-Harrison.

positive way.

Their program is "hands on" experience. In October, they became more aware of the elderly, particularly those in nursing homes who often feel isolated and alone. They spent a day visiting the residents of a nursing home, bringing home-made treats and spending time in conversation with them.

One of their next social problems included addressing the effects of the economy on low-income and fixed-income people. They realized that the holidays can be a difficult time if you don't have money to purchase some of

to be able to share the history of New Community with them, and they were happy to experience the "Dunkin Donuts".

The students of Collier High School are no strangers to New Community. This is their third year in reaching out to our community. Their efforts in previous years were organized by the sociology and beauty culture classes. The students know they can't do it all, but they believe they have the "power to make a difference." What an encouraging and hope-filled message from our young people for today's world.



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## New Community Security Department Hones Community Policing Skills

The concept of community policing is not a new one; it's the participation between residents of an area and the officer or security guard who protects their area. Together, the local citizens and officers work at solving the problems of their community. It is a concept that NCC has viewed as integral with the development of a vibrant community in the once-burnt out sections of the Central Ward of Newark.

What started out as simply hiring a person or two to guard the construction sites and materials of the

and his officers are to be effective.

Based on the assumption that the residents and clients of the Network's various facilities know best what's going on, the Director and officers meet regularly with the various tenant organizations and staff meetings to hear directly what the concerns of the people are. In this way, the organization is able to operate in a mode of prevention noting patterns of negative behavior and addressing the situation before it poses a threat to those served by New Community.

A few of the numerous training topics include report writing, human relations, patrol and communications. The officers are also challenged physically by participating in the Self Defense segment which includes certification in the use of the PR-24 Police Baton, taught by Asst. Director Williams, a certified instructor. Training with the Baton requires officers to learn and understand applicable laws regarding the use of physical force and deadly force.

By acquiring this basic law enforcement knowledge, our NCC Security Officers will be mentally and physically better prepared to fulfill their responsibilities, more confident as they encounter security incidents, and adept at human relations skills.

The long range goals of the Director are to increase both the size and professionalism of the force. The crime statistics for the City of Newark are only getting worse, and budget cuts are only making the size of the



Newark police department smaller. Community policing depends on the cooperation of all who live and work here, therefore, NCC needs to be able to attract a high calibre of men and women who want to make a career out of the NCC Security Department.

Our residents and clients deserve the best security we can provide.



Demonstrating the proper use of the PR-24 Police Baton is Asst. Director of Security Fred Williams assisted by Officer Eric White.

first buildings has developed into a hundred member department whose mission is to provide safety and ensure a sense of security and wellbeing for the residents and clients of the New Community Network.

On any given shift, one can find between fourteen to eighteen guards patrolling the neighborhoods, protecting customers at the shopping center, stationed in the senior citizen buildings, bringing stability to Harmony House (transitional housing for the homeless). And the list of their duties goes on.

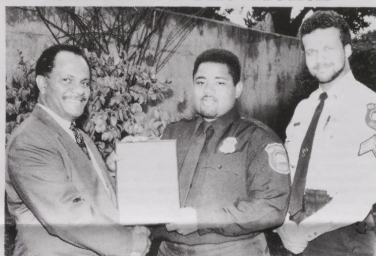
Community policing implies interaction with the community. This is evident in the department if one looks at the makeup of the staff. More than 90% of the department members live in Newark; 60% live in New Community housing. This enables them to be able to quickly gain the trust of the residents. They naturally become models for the youth. And of course, as residents, they have a greater investment in seeing to the continued safety of their neighborhoods. The Director of Security recognizes that his department is dependant on the members of the New Community Network if he

With a commitment to empowerment, NCC is dedicated to developing the members of the force by providing them with continuing training.

As Director of the NCC Security Department, William Hicks has stated that one of the primary objectives of his administration is to upgrade and update the training of NCC Security Officers. The ultimate result that is expected will be the improved delivery of security services, throughout the NCC network, for residents, employees, customers, and clients.

Following through on this objective, the NCC Security Department has completely restructured its training program. The new program is a 32 hour "in-service Training Academy" which combines the use of video tapes prepared by the Security National Training Association, practical application, and group discussion. This approach is designed to help officers learn more about their responsibilities, the needs of fellow employees, and what is expected of them as NCC Security Officers. The curriculum for the academy was developed under the guidance of Director Hicks, by Assistant Director, Fred Williams.

## Officer Of The Month



Security Officer of the Month Darnell Graham receives his award from Director Hicks. He observed a suspect attempting to steal roofing supplies from NC Homes Ct. and subsequently affected an arrest with the help of Sgt. Mitchell (standing right).

## Law Students Study Affordable Housing

This year, due largely to the interest of Professor Lois R. Lupica of Seton Hall University School of Law, New Community Corporation will benefit from the assistance of four third year law students. The students are enrolled in the Affordable Housing Initiative of the Center for Social Justice.

The clinic has a dual goal of providing technical assistance to non-profit housing entities and affording its students with the opportunity to gain on the job transactional experience. In class the students study the transactions necessary to create the resulting affordable housing for citizens. Generally speaking, they study the formation of entities, such

as partnerships and corporations, real estate transactions and relevant statutory provisions which authorize the state and/or local government to offer assistance to entities engaged in the business of providing affordable housing. The students are then assigned to various projects which are jointly supervised by Professor Lupica and Tonya M. Smith, Esq.

Based on the high level of commitment, enthusiasm and skill that the students bring to each project, we at New Community look forward to a mutually beneficial partnership which results in the creation of additional and/or improved housing for our residents and the citizens of Newark.

## Black History Notes

Mother Mary Elizabeth Lange Founder of the Oblate Sisters of Providence (1792-1882)  
Researched by James E. Du Bose

*This article is dedicated to the memory of Mother Mary Elizabeth Lange and the personal sacrifices and hardships she endured. It is intended to honor as well, the small group of her believers and supporters who made Mother Lange's dream a reality. Her mission to educate black slave children was indeed a very brave and noble undertaking, since it was during a period in American history, where harsh punishment or even death could occur to those engaged in such an activity, black or white.*

*"Freely you have received, freely give." Luke 6:36-38*

In 1828, Mother Mary Elizabeth Lange founded, in Baltimore, Maryland, the Oblate Sisters of Providence, the oldest Catholic order of black women.

Mother Mary Lange founded the order with Father James Joubert, a

French Sulpician priest.

Mother Lange became the Oblate first mother superior. She dedicated herself to the education of black children in a slavery laden city that didn't have any interest in such a mission.

The Oblate Sisters endured great suffering and deprivation. A few priests received scanty support from Baltimore's ecclesiastical authorities. With resiliency and fortitude and a deep abiding confidence in God, Mother Lange and the Oblate Sisters rose above frustration, disappointment, failure and hardship to bring learning and hope to hundreds of poor, often homeless black children.

The Oblate Sisters of Providence today stand as a proud testament, the realization of Mother Mary Lange's dream and as a living example of the power of the Holy spirit.



Seton Hall Professor Lois Lupica (seated center) and NCC Legal Counsel Tonya Smith (standing left) share a light moment with third year law students.

## After-School Welcomes New Teacher

New Community welcomes Thashieka Curtis to Youth Services After-School Program as the new teacher aide. Thashieka, a freshman attending N.J.I.T., is studying Educational Technology and plans to teach elementary education.

Although new to the position, this very bright young lady isn't a stranger

Teachers' Aide to role model and "family" to the children. For example, Thashieka shares information about her experiences growing up in a religious family with strong afrocentric influences and tells stories to the students. They're encouraged and eager to hear more.

The students are also eager to at-



Allowing children to prepare foods they like really piques their interest in cooking. Marshmallow treats are a winner!

to the NCC family. Thashieka began working here this summer in our "Learn and Earn Program" as a summer camp counselor. She became familiar with many of the children, their families, and staff. Because of Thashieka's outstanding performance she was asked to return when the position became available.

Thashieka's responsibilities include assisting the Group Teacher by involving children in group activities, guiding them in special projects, and providing direct assistance with homework assignments. She however feels her role expands far beyond

tend cooking class with Sharonda Evans as the classroom is filled with the aroma of fresh baked treats these days.

Any families with children ages 5-8 are welcome to register even now for the After-School Program, and assure their child a safe environment. The Youth Services Department is on the move with new activities and an exceptional staff. We welcome parents to become involved to expand the services by joining the (PAC) Parent Advisory Council. For information contact Mary Powell at (201) 623-6951.

## What Makes New Community Different?

People are always asking, "What makes New Community different?" Well, the answer to that is, its dedicated employees. Everyone has a true sense of caring.

There are times when a certain individual rises above the call of duty, as did Mr. Wayne Chapman, the manager of Douglas Homes, 15 Hill Street. Recently, Mr. Chapman had his mind preoccupied worrying about his father, who had been taken to the hospital and was in the Intensive Care Unit. It was imperative that he get there when visiting hours started at six, because his father would be expecting him. It was 5:25 when he became alerted by a tenant to smoke coming from the first floor laundry room of the Douglas Seniors building.

Forgetting all else, Wayne immediately went into the laundry room and cleared the area of people. Recalling his training from the military he managed to free the errant plug from the high wall socket with the assistance of a broom. He called it, putting out a "Charlie," a military code for a fire involving electricity.

As a result of Mr. Chapman's quick response the amount of damage was kept to a minimum, and more impor-



Wayne Chapman

tant, all the residents were safe.

Mr. Chapman had put the safety of his residents before his own safety and personal concerns. Fortunately, he was still able to make it to the hospital before visiting hours were over.

Truly, Wayne should be the Manager of the Month, for rising above the call of duty.

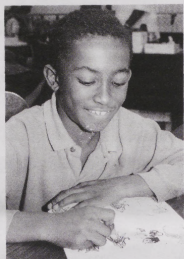
Joyce Cook

## A Young Volunteer

In this day and age, we are all well aware of the publicity paid to juvenile delinquents, carjackers, etc.; however, the attention getting criminals represent only a handful of the Newark youth. There is a larger majority of youngsters who go about their days as most carefree youths do, with only schoolwork and playtime to worry about. There is yet another group of children who utilize their free time unselfishly helping others. One such child is Tyrone Brown.

Tyrone Brown is like most other local 8 year olds, in that he attends Newton St. School and is a member of an extended family that includes a brother and four stepisters. As a resident of New Community Commons Family on 14th Avenue, Tyrone has taken a liking to the activity that surrounds the social services department on Bruce Street (plus, the fact that they have great tasting candy for sale didn't hurt either). In the course of his "hangin' around", Tyrone began to help out. At first he would deliver calendars and flyers to local residents. But this soon grew a little tedious for young Tyrone.

Upon seeing his frustration, Helen Brandon, a senior aide, referred him to Joyce Cook, who took him under her wing. When Joyce realized that Tyrone possessed artistic talent she quickly put him to work coloring and painting a myriad of different things for her ongoing projects. Now, when Joyce needs any type of arts and crafts



Tyrone Brown

work, she calls upon Tyrone.

Tyrone volunteers everyday for at least an hour, and on school holidays he spends the whole day helping out at social services (now remember, this is an eight year old). Tyrone says that he would like to be a football player when he grows up but if that doesn't work out he would like to be a comic book artist (Batman's a favorite).

When asked what he thought about his work at social services, "FUN!", was all he could say.

Thank you, Tyrone.

## Students Of The Month

Halima William and Tyra Archer are our students of the month for November. Both attend Newton Street School and are in the second grade. They're both doing exceptionally well in all their subjects and come to the center each day eager to complete their homework assignments and participate in activities with their friends.

These students display much respect

towards their peers and are quite talented. Tyra enjoys modeling, and Halima enjoys art. During open recreation both girls practice their hobbies frequently and show students and counselors their gifted talents.

Congratulations Halima and Tyra, keep up the good work. We're sure to see you in a museum or theatre someday.

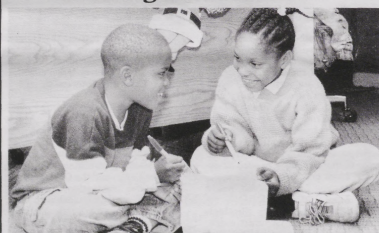


Tyra Archer



Halima William

## Making A Wish List



Making a list and checking it twice are Bobby Willis and Akira Crawford of NC Families Housing. Thanks to the impressive generosity of our many benefactors, the visions of sugar plums dancing in their heads will come to life this Christmas.

# Season's Greetings



# Hispanic Development Group Activities

## 6th Ave. Base Community:

This group has formed a neighborhood committee with the people of the area who have joined forces to clean up their neighborhood. They began on Saturday November 21st cleaning up the trash, moving all the old furniture to a spot where the Sanitation Department would remove it on the following Monday.

The volunteers did all of 6th Avenue from the train trestle to the park and 7th Ave. and 9th St. to 6th Ave. and 9th St., removing "a century's worth" of filth.

It is expected that the residents of other streets will do the same in the coming weeks and eventually have a neater, cleaner neighborhood in which all can take pride.

On December 12th, they plan to bring in the Police Department to

develop a Neighborhood Block Watch Program to deal with the problem of drugs, fire arms and carjacking.

## Mini-Youth Group:

The group has completed their project on "exploring their culture," learning much about their heritage and customs. Many questions were asked and research done at the local libraries, but much more has yet to be done and we are looking for books, slides and information to help them broaden their vision and knowledge about the richness of their Hispanic culture. Unfortunately the libraries visited had little to offer in resources. If any of you can help us we would be grateful.

Contact: Sr. Guadalupe M. Nieto, M.S.B.T., N.C. Hispanic Development Corp., 545 Orange St., Newark, N.J. 07107; Tel: 623-6231.



Sgt. Mitchell meets with the children ages 8 to 11 to discuss the drug problem and answer their questions.

## Hispanic Development Office Receives Grant



Archbishop Theodore McCarrick (right) presents Sr. Guadalupe Nieto, MSBT with a check for \$6,000 as Margarita Rodriguez looks on. Awarded by the Campaign for Human Development of the Archdiocese of Newark, the money will be used for Hispanic leadership and advocacy programs.

## Youth Corps Members Develop Skills

Sabrina, Carla, Deneen and Rhonda — a real value to society and to all of us!

Members of the New Jersey Youth Corps of Newark have come to New Community Corporation Social Service Department.

The NJYC is a program component of the International Youth Organization. It is a youth development and community service work program for young adults between the ages of 16 and 25. The primary objectives of the NJYC is to prepare young people for the world of work, inculcate the ethic of service to their communities, and empower young people to take charge of their lives and their communities.

Recently, all of the Youth Corps received a grant from the Commission on National and Community Service to expand the community service component. Consequently, a partnership

was developed. NCC Social Service Department is affording our (4) four Corps members the opportunity to acquire social work skills by working directly with social workers and our residents. This is a full time service while at the same time they are required to enhance their educational skills. We are hopeful that by the first of next year, each of them will have acquired their GED.

Deneen has her GED and will be enrolled in at least one class at Essex County College. Our Corps members understand that to continue to participate in this unique project they must continue to improve their education.

Let's hope this will be a great experience for our Corps members and bring the satisfaction of a job well done.



Deneen, Rhonda, Sabrina and Carla discuss upcoming projects.



Proving you don't have to be big to help out, this little boy does his share.

A friendly, neighborhood grocer made delicious lunches for the children.



Cleaning up the neighborhood is an arduous task as any of the children involved in the November 21st cleanup can tell you. Great job, kids!

*Going . . . Going . . . Gone*  
Reserve your tables now  
for the grand  
*New Year's Eve Gala*  
at The Priory Restaurant

Thursday, December 31, 1992

8:00 p.m. - 4:00 a.m.

Live Music - D.J.

\$40 per person

includes buffet dinner and breakfast

\$70 per couple

Black Tie

For information call: (201) 242-8012

## 30 Participate In Women's Retreat

The Third Annual Network Women's Retreat took place at the Dominican Retreat House in Elkins Park, PA the weekend before Thanksgiving. It was a wonderful experience; thirty diverse participants quickly came together to form a supportive sisterhood.

The theme for the weekend was (understandably) Harvest/Thanksgiving: death to new life to nurturing.

she generously shares her preaching talents (it is obvious that she was given ten!) across the country and internationally. The group was electrified by her insights into the Christian Scriptures, specifically John 5, John 4 and Matthew 15. Although Rev. Parrott had to leave us before the end of the weekend, her influence remained. We hope that she will be able to be with us for another weekend.



Happy network women are shown embarking on their semi-annual retreat to Elkins Park Pennsylvania.

The planning committee: Gloria Chambers, Joyce Cook, Emily Ross-Jukes and Sr. Mary Ellen Bennett provided beautiful experiences to draw out the theme. On Friday evening after blessing the house, each one picked something about herself that needed to die, and wrote it on a slip of paper which was symbolically burned. The ashes were used on Saturday morning to fertilize the Chinese Dogwood tree which was planted to honor our ancestors, especially Nettie Harris who was with us on our first retreat and has since passed. Sunday morning prayer illuminated (literally) the seven values of the NGUZO SABA.

From Saturday evening on, all our prayer times were powerful in song, intercession and praise.

The Saturday Evening Gathering, which has become a tradition of the group, brought out the humor, talent, creativity, nostalgia and holiness of them all.

Everyone who participated was mightily challenged and inspired by our preacher, Rev. Joan Parrott, formerly of Bethany Baptist Church in Newark, N.J. Although she is presently Director of Volunteer Services for the American Baptist Board of International Ministries at Malvern, PA,

This experience would have been uplifting anywhere. In the beautiful, peaceful retreat house setting, with a staff of Dominican Sisters and helpers, doing their utmost to make hospitality a habit, the experience was transformative.

We all left with new or deepened friendships, a strengthened belief in the value of networking, and a powerful sense of unity. Each one carried a small ceramic horn of plenty brimming over with blessings from the others.

These tokens themselves were examples of networking: the greenware was prepared for firing by Mrs. Emma Hicks and Ms. Johnnie Bernice West of Douglas Homes. The tokens were painted by children of N.C. Families Housing, who also colored the fruits and vegetables on the blessing papers. The remembrance cards were beautifully lettered by Sr. Mary Kennedy, who could have a portfolio of work done for NCC in her file, in response to an oft requesting friend.

The Network Women of NCC/Babyland/St. Rose of Lima/St. Rocco, along with Sacred Heart Parish in Jersey City, women and friends and relatives of all of the above) plan to return to the Retreat House April 30 to May 2, 1993. You are cordially invited to join us.



## Christmas

"Go tell it on the mountain  
That Jesus Christ is born."



Luke 2:12 tells us that an angelic master of ceremonies proclaimed to "shepherds living out in the fields, keeping watch over their flock... you will find a babe wrapped in swaddling clothes, lying in a manger." Little did the shepherds know that this manger held the spiritual feed for mankind.

Now, if anyone knows anything about a manger, one knows that a manger is a trough or open box, in a stable, designed to hold feed or fodder for the livestock. If one were looking for a newly-born baby one would go to an abode where there might be a basketette or cradle. One would not go to a stable, for a stable after all is a place for farm animals.

Yet, Baby Jesus was born in a stable. And from this lowly unspectacular beginning would come the greatest force of the world — a force so mighty that even the imposing army of Rome could not stop it. This force was to

spread throughout the world in the hearts, minds, and souls of men and women, giving hope where there would be hopelessness, aspiration where there would be apathy, direction where there would be confusion.

The existing throne and the stable would one day meet, and the stable would emerge the victor. The sword would be sheathed by the Cross; might would succumb to love; death be defeated by Resurrection.

Christmas, if it is about anything, is about the love of God, coming incarnate to earth in the form of a little child, promising atonement for the sins of man and offering eternal life.

This Christmas let us manifest His love in all of our relationships and commitments.

Lewis Graves  
Springfield Branch  
Newark Public Library



## A Holiday Menu

from Joe Rodriguez - The Priory Executive Chef

### HERB ROASTED TURKEY

- 1 Cup butter (2 sticks) room temperature
- 1 1/4 Teaspoon dried Rosemary (crumbled)
- 1 1/4 Teaspoon dried thyme (crumbled)
- 1-14 pound turkey, neck and giblets reserved
- 1 large leek (white and pale green parts only)
- 1 medium carrot, sliced
- 3 fresh Rosemary sprigs or teaspoon dried crumbled
- 3 fresh thyme sprigs or teaspoon dried crumbled
- 5 cups or more chicken stock

**Herb Butter**  
Blend 1 cup butter, dried Rosemary and dried thyme in small bowl. Season herb butter generously with salt.

**Roasting Turkey**  
Preheat oven to 350 F. Season turkey cavity with salt and pepper. Place chopped leek, sliced carrot, 3 Rosemary sprigs and thyme sprigs inside cavity. Wipe skin dry with paper towels. Reserve 6 tablespoons herb butter for sauce. Rub 2 tablespoons herb butter over turkey skin. Place turkey on rack set in roasting pan. Arrange neck and giblets around turkey.

Roast turkey until heat thermometer inserted into thickest parts of thigh register 175°F., basting with chicken stock and brushing with herb butter every 30 minutes for about 2 hours 45 minutes.

**Herb Butter Sauce**  
Pour pan juices into large measuring cup. Spoon off fat, pouring remaining chicken stock into roasting pan; bring to boil, scraping up any browned bits. Pour hot stock into same measuring cup. Add enough additional stock to measure 6 cups. Pour pan juice into sauce pan and simmer until reduced to 3 cups (about 30 minutes). Heat reserved 6 tablespoons herb butter until reduced liquid. Serve turkey, passing herb butter sauce separately.

- 1 tablespoon grated orange peel
- 1 1/4 teaspoon ground coriander
- 1 1/4 teaspoon salt
- 3/4 teaspoon ground ginger
- 4 1/2 pounds sweet potatoes, peeled, coarsely grated
- 3 tablespoons honey
- orange peel strips
- fresh parsley sprigs

Preheat oven to 350 F. Butter 13 9 x 2 inch baking dish.

Bring half and half, orange juice, brown sugar, butter, grated orange peel, ground coriander, salt and ground ginger to boil over high heat, stirring constantly. Mix in sweet potatoes. Spoon sweet potato mixture into prepared baking dish. Cover dish tightly with aluminum foil. Bake 40 minutes. Uncover and stir sweet potatoes thoroughly. Cover and bake 40 minutes longer. Drizzle 3 tablespoons honey evenly over potatoes mixture. Bake uncovered 10 minutes.

Garnish with orange peel strips and fresh parsley sprigs.

### SAUTEED GREEN BEANS WITH GARLIC AND COUNTRY HAM

- 24 garlic cloves, peeled, halved lengthwise
- 2 tablespoons salt
- 3 pounds green beans
- 5 tablespoons olive oil
- 3/4 pound 4 inch thick country ham slices cut into strips 1/4 x 2 inches long

3 tablespoons unsalted butter  
Drop garlic into large pot of boiling water and cook until very tender, about 8 minutes. Using slotted spoon, transfer garlic to plate, pat dry. Add salt, then green beans to same pot of boiling water; cook beans about 6 minutes. Drain beans and pat dry. Place beans in large bowl.

Heat 2 tablespoons olive oil in heavy large skillet over medium-high heat. Add ham and sautee until crisp, about 4 minutes. Transfer ham to bowl with green beans. Melt butter with remaining 3 tablespoons olive oil in large skillet over medium-high heat. Add cooked garlic and mash with back of wooden spoon. Add green beans and ham and toss until heated through and coated with garlic. Season to taste with salt and pepper and serve family style.

### GRATIN OF SWEET POTATOES WITH HONEY AND ORANGE

- 1/4 cup half and half
- 1/4 cup orange juice
- 1/4 cup firmly packed brown sugar
- 3 tablespoons unsalted butter

## Visit the New Community Christmas Craft Fair

Dec. 1, 2, & 3

11:00 a.m. to 5 p.m.

St. Joseph Plaza

233 W. Market St., Newark NJ

Handmade Gifts and Crafts

Dolls - Quilts - Jewelry - Art - Home Crafts

Enjoy the live holiday music of

The Newark Boys Chorus Wed., Dec 2 12:30 - 1:30 p.m.

St. Rose of Lima Chorus Thurs., Dec 3 12:30 - 1:30 p.m.



Shop in a  
relaxed  
atmosphere

Have lunch  
or dinner  
at The Priory

# Happy Holidays